

DIRECTIONAL PICKING MASTERY CHEAT SHEET

STEP #1:

Practice the directional picking motion without using your fretting hand (mute all the strings by laying your fretting hand across them).

STEP #2:

Practice 3-note-per-string chromatic runs. This trains your 2-hand synchronization without having to look at your fretting hand.

STEP #3:

Look at, feel and listen for: correct pick position, correct pick angle, articulation, excess tension control and string noise control.

STEP #4:

Integrate directional picking into all your licks, scales and scale sequences.

STEP #5:

Use effective speed building strategies to build your guitar speed to the level you want.