

HOW TO IMPROVE YOUR GUITAR TECHNIQUE AND PLAY GUITAR CLEAN **CHEAT SHEET**



How To Become Aware Of Guitar Technique Flaws That Make Your Guitar Playing Sound Sloppy:

1. Record yourself playing any technique you want to improve.
2. Listen back at 25%-33% speed and identify the problems you hear.
3. Work with an expert guitar teacher to get feedback on your playing.
4. Practice guitar using speed bursts.
5. Use focus rotation to fix one problem at a time.



How To Master Picking Articulation - The First Half Of 2-Hand Synchronization:

1. Practice with a clean tone (no distortion and NO effects!).
2. Play loud enough to truly hear what is happening as you play.
3. Do NOT change ANYTHING about how you approach and articulate each note.



How To Master The Release - The Second Half Of 2-Hand Synchronization:

1. Practice with distortion (but NO EFFECTS!)
2. Play loudly enough to hear what's happening.
3. Practice slow (but do NOT change how you play the notes!).
4. Record yourself playing.
5. Listen to the recording at 1/2, 1/3 or 1/4 speed (for noises between notes).
6. Focus on relaxing the finger from the note instead of lifting it off.