

PRACTICE TIME TODAY

NUMBER OF CATEGORIES

CATEGORIES TO CHOOSE FROM

30 min or less

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Pick any 2 categories

30 min - 60 min

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Pick any 3 categories

60 min - 90 min

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Pick any 4 categories

90 min - 120 min

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Pick any 5 categories

120 min - 180 min

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Pick any 6 categories

180 min or more

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Practice all 7 categories



Musical Mind

Technique Mastery

Problem Solving

Application

Integration

Exploration

Creativity